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A1C - Spanish

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Description

This low literacy A1C patient education tool explains the test and illustrates healthy levels for diabetic patients. (Spanish)

Keywords

A1C, Diabetes, Patient Education

Disciplines

Endocrine System Diseases | Nutritional and Metabolic Diseases

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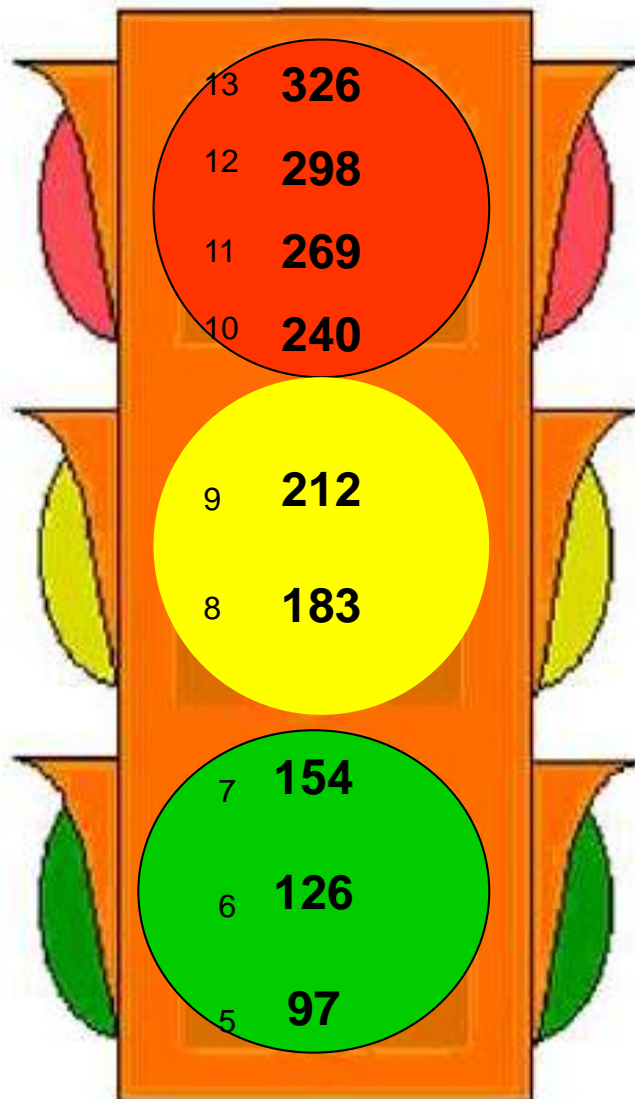
El A1C es un examen de laboratorio que muestra el nivel promedio de azúcar en la sangre durante los últimos 3 meses.

Mantenga su promedia de azúcar en la sangre en la zona verde para mantenerse sano.

**¡Peligro!
Nivel Alto**

No está bien

**¡Muy Bueno!
Buena Salud**



Incluso si no se siente enfermo, los niveles de azúcar en la sangre en las zonas amarillas o rojas causará graves problemas en su salud en el futuro.

¿Cuál es su promedio?