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Foot Care - Spanish

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Description

A simple, illustrated handout explaining foot care for diabetes patients. (Spanish)

Keywords

Diabetes, Foot Care, Patient Education

Disciplines

Endocrine System Diseases | Medicine and Health Sciences | Nutritional and Metabolic Diseases

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Mantenga el nivel de su azúcar
a **menos de 130** en las
mañanas.



Examine sus pies todos los
días. Avise a su doctor de
inmediato si tiene alguna llaga
en sus pies.



Córtese las uñas
con mucho cuidado. Pida ayuda si
es necesario.



No use zapatos que
le aprieten los dedos.



Escoja sus zapatos con puntas redondas.



Nunca camine
descalzo.