The following information about the Hogar will assist you in your needs assessment:

- There are 45 residents between ages of 65-100+. Elders in Nicaragua receive no governmental assistance such as social security or Medicare. Many elders have been abandoned by their families, who have had to seek employment outside of Nicaragua. Residents of the Hogar experience the health consequences associated with a lifetime of poverty with little access to medical or dental care.

- There are 8 caregivers at the facility. The average education is approximately 6th grade level. Caregivers provide feeding, self care assistance and medications for all elders in the home. The work is challenging and poorly paid, but most caregivers respect and care about the elders.

- Other services provided at the Hogar include general facility housekeeping and maintenance, food preparation, and laundry.

- Conditions/diagnoses of the Hogar residents: stroke, dementia/Alzheimer’s, cardiac conditions, diabetes, chronic pain, Parkinson’s, low vision, hearing impairment, mobility issues, periodontal disease, decubitus ulcers, incontinence, and developmental delays. Most chronic conditions go untreated due to lack of sufficient financial support and access to medications and health care services.

- The Hogar is operated by an order of Catholic nuns. The head nun is a nurse. The government provides 5-10% of the funding with the rest of daily costs coming from community and international donations.

- Health System in Nicaragua: Private health insurance and access to well staffed private medical facilities exist for those who can afford it. Public health care focuses on child and maternal care with little attention given to elder care. Nicaraguans can visit a medical doctor through the public health system at no cost. However, lab tests, pharmaceuticals, oral health care, mental health care, and physical therapy services must be paid for out of pocket. The profession of occupational therapy does not exist in Nicaragua.
**Discussion Part 1:**

Using the information provided, your team has 15 minutes to discuss the following questions.

**4 Steps to a Needs Assessment**

1. **Gap analysis:**
   - What are the gaps between current conditions at the Hogar and necessary/desired conditions? Begin with the ideal: if you could do/have anything you wanted at the Hogar, what would it be? Then compare with the reality: what is the absolute minimum needed to make the Hogar a better place for its residents?

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   - Using a CBR approach, what information are you missing or would you like to know to perform the needs assessment?

   - How will you get the information? **Hint:** Consider what people, organizations and other stakeholders should be involved in this process. Think internal (those within the Hogar) and external (those outside of the Hogar).

   - Keeping with a CBR approach, what data gathering methods will you use to gather this information?

2. **Prioritize:**
   - What are the most important needs that must be addressed?

   - What are the priorities of each discipline? Are there areas of overlap?

   - In which areas will interprofessional collaboration be most important?

3. **Identify causes of problems and challenges.**

4. **Identify possible solutions and growth opportunities.**
For the sake of this discussion, the professionals at your table have the opportunity to build a CBR health program for an underserved population in Oregon. You have enough money to build a preliminary program but need to choose a community for financial and planning support.

- Who will you serve?
- What community partners will you engage?
- How will you involve the clients to be served and monitor efficacy?

Identify one person at your table who will do the writing for your group. Select another person to describe your project to the group as a whole. Follow the brainstorming outline below to guide your discussion and ideas.

**Brainstorming Outline (20 minutes for discussion)**

1. Project Title:

2. Population/ community (Within Oregon):

3. Mini needs assessment: What are the gaps between the desired and the present condition?

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5. Program goal: What is the desired end-result of your group’s program?

6. What changes in the current conditions will your program make to achieve the goal? (For example, providing education, etc.)

7. Identify stakeholders: (community partners, possible funding sources, etc.)

8. Activities: Sustainable interventions from the interdisciplinary group: what activities or interventions will your group do in order to achieve the goal?

THANK YOU FOR YOUR PARTICIPATION! HAVE A GREAT SPRING BREAK!