Amy goes to the optometrist

Sharon Samski

Pacific University
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Abstract
The purpose of this project is to design a child's coloring book to help educate both the parent and child concerning what to expect when receiving a vision exam. The child will therefore know what is expected of her or him. The goal of this project was to design a coloring book to: 1. alleviate any fears the child may have about visiting an eye doctor. 2. Educate both the child and parent about vision and vision exams. 3. Aquaint the child with the instruments and tests utilized during a routine vision exam, so the child will be more familiar with the tests used. 4. Act as a public relations tool for optometrists.

Degree Type
Thesis

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AMY GOES TO THE OPTOMETRIST

By

SHARON SAMSKI

A thesis submitted to the faculty of the
College of Optometry
Pacific University
Forest Grove, Oregon
for the degree of
Doctor of Optometry
May, 1988

Adviser:
Dr. Paul Kohl
ABSTRACT

The purpose of this project is to design a child's coloring book to help educate both the parent and child concerning what to expect when receiving a vision exam. The child will therefore know what is expected of her or him.

The goal of this project was to design a coloring book to:

1. alleviate any fears the child may have about visiting an eye doctor.
2. Educate both the child and parent about vision and vision exams.
3. Aquaint the child with the instruments and tests utilized during a routine vision exam, so the child will be more familiar with the tests used.
4. Act as a public relations tool for optometrists.
I would like to acknowledge the following individuals with sincerest thanks for helping this project become a reality. Bryan Dibble, an illustration major was a main source of support, creativity, and undivided dedication in allowing this coloring book to go from concept to an actual creative art form. For without Bryan's help, this project would never have come into existence. Also my gratitude to Dr. Paul Kohl, the advisor for the project who provided the necessary insight for a better understanding of pediatric vision exams.
EDUCATION

COLLEGES

PROFESSIONAL OBJECTIVES
The professional practice I would seek is a partnership with an ophthalmologist. I have worked with a physician for 5 years in my home state of California and enjoy pathology and post-cataract care. I wish to return to California to establish my practice.
Amy Gets's New Glasses
It was a sunny spring day. 
Amy was walking home from school.
Amy had a note from the teacher. She was having trouble seeing the chalkboard. It was time for an eye exam.
The next day mother and Amy went to the optometrist. They were greeted by a smiling receptionist.
Amy was taken into the testing room. She got to sit in a big chair. There were many things she had never seen before.
In walked Dr. Sharon. “Will it hurt? Am I going to get a shot?” asked Amy. “Oh no! We will have lots of fun” said the Doctor.
First we will test your vision by playing the E game. Which way would you point your hand if you saw this E?
Color in the arrow that is in the same direction as the E.
Amy put her chin in the keratometer. Dr. Sharon looked into one end and Amy in the other. She had her eye measured.
Then Amy looked through the peepholes of a phoropter. This is to see if Amy needs glasses.
At the end of the exam Amy picked a beautiful pair of new eye glasses.
“Gee Amy your glasses are great!”
Now all of her friends at school want glasses too.